

### AREA YOUTH AND THEIR FAMILIES FOR 39 YEARS SERVING BAY

### **VIOLENCE IS** PREVENTABLE GIRLS PROGRAM KICKS **OFF NEW GROUP**

February 2006 marked the beginning of a new era for HYP's Violence is Preventable Girls Program (VIP). A new group of seven young women, ages 11 to 17, began meeting on February 16 to discuss the impact that violence has had on their lives.

**VIP offers leadership** opportunities, resources and other opportunities for the participants including peer support, case management, creative arts and special needs scholarships.

Using curriculum created by current VIP Coordinator Karla Robinson and youth staff Christina Calloway and Stephanie Angeles, the group participates in community building activities that encourage them to be supportive of one an-

VIP Girls Program



other in a non-competitive, safe and open environment.

These dynamic young women will meet every Tuesday and Thursday for 13 weeks at HYP's Cole Street Clinic in San Francisco, to discuss maintaining healthy relationships, self-care, sex education and various topics with an "anti-oppression" focus.



The group will also work together on a community project that will allow them to express their viewpoints on preventing violence to the public. Through collaboration on a community project, new bonds are created. "We are more than just strangers in a group," one young woman explains, "at these meetings, new friendships are formed."

### **NEW YOUTH GROUP COMMITED TO** LEADERSHIP IN MARIN

Building youth leadership within Marin's Latino Community is an important aspect of the latest group formed by Huckleberry Teen Health Program. The Youth Leaders in Progress (YLIP) group is celebrating its first year in existence with 13 young Latino participants (8 young women, 5 young men). The group will meet once a week through the summer to participate in extensive trainings facilitated by Health Educators, Annette Lombardi and Daniel Solis. The training curriculum ranges from pregnancy and HIV prevention to eating disorders and drug and alcohol prevention education.

After completing the trainings, these youth will participate in community outreach with the possibility of later being recruited as HYP Peer Health Educators. "These young people are primarily non-traditional leaders, young people whom, in a largely white, affluent county, face enormous challenges in feeling empowered," says Ami Ehrlich, Health Education Coordinator. "The purpose of this group is to allow them to find their own voice within a safe and structured environment and openly explore their interests."

The group is currently conducting community outreach at least twice a month, sharing what they have learned in YLIP with other young people in the community.

### IN THIS ISSUE: Features: CARC making a difference

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# FEATURES

### HYP MAKES A DIFFERENCE

### **MELISSA'S STORY**

Melissa\* was brought into HYP's Community Assessment and Referral Center (CARC) after being charged with petty theft. At fifteen years old, she was struggling to make it through the ninth grade and had little communication with her mother. Upon her arrival at CARC, she was enrolled in Theft Awareness Class and offered counseling to help her improve her relationship with her mom.

Melissa completed the class and began to meet with a therapist from Huckleberry's counseling program once a week. Her relationship with her mother, as well as her grades, improved over the course of a few months. Her case at CARC was subsequently closed. Things took a turn for the worse, however, when Melissa was rearrested.



Melissa was assigned community service and she and her mother continued to see an HYP therapist. The counseling sessions eventually allowed Melissa to become more open and learn new behavior that would help her better deal with her anger, before it got her into greater trouble. The HYP therapist referred her to Anger Management classes at the Youth Guidance Center, which helped her improve her behavior as well as her relationship with her mom.

Since successfully completing the Anger Management classes and receiving the proper encouragement from the HYP staff, Melissa has gone on to earn her high school diploma and is successfully employed.

\*Names have been changed to protect client confidentiality.

### PEER HEALTH EDUCATOR SPOTLIGHT:

### **DAVID DALPINO**

For the past two years, twenty-one year old Peer Health Educator (PHE) David Dalpino has been an amazing asset to the team at Huckleberry Teen Health Program (HTHP) in Marin.

As a PHE, David Peer Health Educator David Da/pino has 6e room education on HIV, STIs and pregnancy prevention to clients during clinic hours. He also conducts street outreach and co-facilitates groups and workshops for HTHP.

David already had experience as a youth leader and advocate prior to joining the Huckleberry team. As a high school student, he became involved in community work and helped run the Gay Straight Alliance at his high school.

During his tenure at Huckleberry, David has been on the planning committee for the annual Prevention Pavilion at the Marin County Fair, where he has been instrumental in creating a fun and safe environment for teens

*"I've always enjoyed community service,"* says HYP Peer Health Educator David Dalpino.

### About CARC

Huckleberry's Community Assessment & Referral Center (CARC) serves 500 youth annually and provides support for young people, ages 11 to 17, who are arrested for non-violent offenses. CARC provides an alternative to young people who otherwise would be brought directly to Juvenile Hall.

and families to learn about healthy lifestyles. His supervisor, Ami Ehrlich, Health Education Coordinator, felt so strongly about David's abilities as a PHE, she promoted him to the Lead PHE position. "David started at Huckleberry with great skills and experience," says Ami, "and he has continued to grow and challenge himself at every level. Best of all, he reminds me every day not to take myself too seriously." Ami also recently nominated David for the Western States Youth Services Network Empowering Our Peers Youth Award, for which he received an Honorable Mention.

### HYP COUNSELING PROGRAM EXTENDED TO TWO LOCAL SCHOOLS

By maintaining successful collaborations and community-wide partnerships, HYP continues to offer services free of charge to as many local youth as possible. Our latest community partnership is with two San Francisco public schools - Wallenberg High School and Aim High Academy, a local middle school.

Staff at Huckleberry House noticed that many clients at the shelter, as well as in the Counseling Program, were students of Wallenberg High and Aim High Academy. HYP Director of



Mental Health Programs, Jorge Vega, responded to this obvious need for intervention by offering counseling services in these schools, both of which are in close proximity to Huckleberry House.

Starting in November 2005, HYP therapist, Jane Margulis, began seeing students every week on Wallenberg's campus during regular school hours. Therapist Saun-Toy Trotter began seeing students at Aim High Academy in February 2006. "The idea of going into the school is to remove the access barrier," says Jorge. "Because of time restraints, working families don't have the motivation to get to counseling."

If the program continues to thrive at Wallenberg and Aim High, Huckleberry Youth Programs hopes to offer in-school services to more youth. Currently, only Medi-Cal clients are being offered counseling services, while other students are referred directly to HYP. The goal of the program is to eventually offer the services to non-Medi-Cal clients and introduce different modalities, such as group therapy at the school sites.



Huckleberry Teen Health Program staff is gearing up for the opening of the Novato Wellness Center this summer.

### COMING SOON: NOVATO WELLNESS CENTER

Opening this summer, The Novato Wellness Center (NWC) will be the first major health services center for teens in the Novato area and is scheduled to be located on Grant Avenue. The NWC is a collaboration of Planned Parenthood Golden Gate, the Novato Youth Center, Bay Area Community Resources and Huckleberry Teen Health Program. This group of organizations is known as the Novato Youth Wellness Collaborative, and HYP is a founding member.

The NWC will provide a weekly drop in health clinic targeting low-income

youth, ages 12 to 20, and it will include a bilingual and bicultural youth and adult staff. Reproductive health services, case management, mental health services and drug and alcohol counseling will be offered.

Maintaining youth involvement will also be a major priority of the NWC. "Youth will be involved at every level - as decision makers, as service providers and as clients," says Susan Quigley, HYP's Associate Director, Marin Programs. Youth will be incorporated into every facet of the clinic from outreach and registration, to delivery and evaluation of services.

### PARENTS AND TEENS SHARE THEIR THOUGHTS ABOUT NINE GROVE LANE

HYP's Nine Grove Lane has been the only 24-hour temporary shelter in Marin County for over 30 years. Offering a safe environment for homeless youth, as well as family reunification therapy, Nine Grove Lane's goal is to improve lives and reduce conflict in the home. Below are some examples of how Nine Grove Lane has impacted parents and teens in the community.

### Parent Feedback

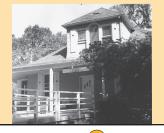
"I was thankful that there was a safe place for my daughter to run away to. Every counselor and staff member has been great to deal with."

"The services provided are gentle, professional and fair. What a tremendous benefit to our community."

### **Teen Feedback**

"I really appreciate everyone helping me out. Thank you to everyone for your generosity, time and kindness."

"Everyone was very nice and respectful, and I felt very at home. You helped me work some things out with my mom."





### CIRQUE DU SOLEIL HELPS HYP RAISE \$180,000

Cirque du Soleil has a knack for dazzling guests with their performances, especially with its latest production, *Corteo*. For the fourth year, Huckleberry Youth Programs was the fortunate recipient of their benefit performance in San Francisco. This fabulous event, held on December 2, 2005, raised over \$180,000 for HYP's programs! Thanks to all those who attended and the following for their generous sponsorships. And a special thanks to Cirque du Soleil for their continued support!

### \$5,000 Sponsors

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### **DINNER PAYS OFF**

For the past two years, Huckleberry Youth Programs and Larkin Street Youth Services have been privileged to be the co-recipients of the STREETSMART4KIDS<sup>™</sup> program. In 2005, from October 1st to November 15th, more than 70 leading San Francisco restaurants offered their diners the opportunity to make a donation when paying their bill. Thanks to generous underwriting sponsors, 100% of the STREETSMART4KIDS™ proceeds go directly to support these local non-profits serving at-risk youth in San Francisco. This year, an amazing \$55,000 was collected and divided between both organizations. STREETSMART4KIDS<sup>™</sup> is currently recruiting restaurants for the 3rd annual event this fall and HYP will, once again, be a recipient.



### CIRQUE DU SOLEIL:

TOP: (From right) HYP supporter Janie Friend, her daughter Lauren and Sarah Grandin, enjoy the Cirque festivities.

CENTER: (From left) HYP donors Marcia and Michael Rubenstein, Alan Holroyde and Suzanne Swift under the big top at Cirque du Soleil.

BOTTOM: (From left) Luis Chirinos and Loren Brown of Washington Mutual Card Services, formerly Providian Financial Corporation.



STREETSMART4KIDS<sup>™</sup>: Pictured left to right: Jacqueline Slayen, Founder; Lawrence Slayen, Founder; Sherilyn Adams, Larkin Street ED; Vicki Schwartz, HYP Director of Development; Lorrie Greene, President∕Founder

# Looking Ahead

### HYP'S EBAY GIVING WORKS ONLINE AUCTION

HYP is gearing up for its first ever eBay Giving Works Online Auction, an innovative new way for us to gain exposure online while raising funds! HYP supporters can bid on fabulous items on eBay, with 100% of the proceeds directly benefiting our programs. Some of the items we will feature in this exciting online auction are: A one-of-a-kind Yoko Ono engraved iPod, a Jason Schmidt autographed baseball, dinner for 6 including wine tasting at Hayes Valley hotspot Indigo, an autographed copy of Bill Maher's book <u>New Rules</u>, a signed photo of the cast of Deperate Housewives, and many more! We will keep you posted on when this upcoming event goes online.

### HYP CHOSEN TO PARTICIPATE IN MACY'S TEEN NIGHT

HYP is proud to announce that we have been chosen to participate in the annual Macy's Passport Teen Night, a private "teen only" event that promotes AIDS education and awareness for Bay Area youth. Taking place on Tuesday, September 19, this event invites teens to participate in interactive games focused on AIDS education, with the evening culminating in a fashion show presented by Macy's. HYP's Cole Street Clinic will be on hand to represent HYP and inform attendees about our services.

### Find Your Way of Giving

Want to know how you can make a difference in the lives of Bay Area youth?

Here are some specific ways you can help HYP offer our services free of charge to at-risk youth:

- **Become** a donor with a gift of \$50, \$100, or more. Make an annual gift in monthly installments.
- FRIENDS OF HUCKLEBERRY HONOR ROLL

Established in 2001, the Friends of Huckleberry is a giving program comprised of generous philanthropic individuals who annually support our shelters, clinics, and counseling programs with cumulative gifts of \$1,000 or more. We would like to take this opportunity to thank all of the members of our Friends of Huckleberry program for their kind gifts.

### Generous Friends July 1, 2005 – March 1, 2006

Richard and Connie Adams Garv Angel Anonymous (4) Henry Bannister Mr. and Mrs. Richard Barker Scott and Phyllis Bedford Daniel Benatar Stuart Bewley and Donna Motluk Shirley Breyer Black Paul Church Ruth and Bruce Cowan James and Claire Davis Scott and Jennifer Fearon Don and Janie Friend Gail Gaffnev Alison Geballe Steve and Donna Gothelf Sallie and Dick Griffith Doug and Kaatri Grigg Linda and Jon Gruber Syed and Shama Hasib Dan Henkle and Steve Kawa Robert Herr Rosemary Hewlett E. Alan Holrovde Barbara and David Kimport David Kirp Freada Klein Kapor & Mitch Kapor Steve and Arlene Krieger Lindee Liu Jeffrey Lowenthal Thomas Lumsden

- **Designate** HYP through your workplace giving program or United Way (agency #3345). Many companies will match your donation.
- **Donate** in-kind items. Our programs have a wish list of needed items. We are also soliciting new items for our eBay Giving Works Program, a charity auction that will take place on eBay, with 100% of the proceeds benefiting HYP. For more information, please contact Heather Mathews at (415) 668-2622 ext. 211.

### **EMAIL UPDATES**

HYP wants to share with you more of our accomplishments, latest program news, and upcoming events. To receive quarterly email updates and to receive our Spring & Summer Newsletter or Annual Report by email, please visit www.huckleberryyouth.org to sign up for electronic mailings. We will **NOT** share your information with third parties.

Stan and Chris Mattison George and Myrta Matula Dennis McDonald John and Jacqueline McMahan Howard and Barbara Miller Rochelle and Paul Miller Gale Mondry and Bruce Cohen Daniel Mulligan Patrick and Gail Murphy Bernard and Gail Nebenzahl Eitan Neumark Nancy Olson James Parrinello Russell and Quynh Pearson Jerry Peters Valerie Pierce and Michael Stortz Robert Powell William Price John and Lisa Stone Pritzker Cesar Privat Patricia Robinson Roy and Ruth Rogers Gary Roof and Douglas Light Donald Rubin and Olympia Martyn Alan and Jill Sandler Suzanne Sawochka Hooper & Peter Hooper Irene Scully Jerome Simon and Hilary Bates Charles Slutzkin Marc Slutzkin Lee and Perry Smith Helene and Bill Spencer Ellice Sperber Robert and Elizabeth Stafford Bonnie Sterngold Steve and Diana Strandberg Brian and Suzanne Swift Stephen and Britt Thal Dyann Tresenfeld Cecilia Valente Hal Varian Sharon Vosmek and Tim McClaren Alba Witkin Douglas and Jane Wolf Art and Janet Wong

- **Host** a fundraiser. We have materials to help you plan a benefit party.
- **Become** a volunteer on our Friends of Huckleberry or Young Professionals committees.

For further information on how you can get involved, please contact Karen Brownstein, Director of Major Gifts at (415) 668-2622 ext. 228. Our website, www.huckleberryyouth.org, has more details on giving opportunities and is a safe and secure way to donate online.

### YOUNG PROFESSIONALS

Huckleberry Youth Programs' Young Professionals Committee is a group of young adults, ages 20-40, dedicated to making an impact in the lives of at-risk youth in the Bay Area through outreach, events, and advocacy. Founded in 2005, the Young Professionals membership roster has a growing list of supportive Bay Area professionals and hosts a variety of educational and social events in support of Huckleberry Youth Programs. To learn more about our upcoming activities or to become a Young Professional, please contact Karen Brownstein at (415) 668-2622 ext. 228 or email her at kbrownstein@huckleberryyouth.org.

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# STAFF

### Two HYP Staff Members Share Danny Keenan Memorial Award

In December 2005, when nominations were being collected for the Danny Keenan Award, two HYP employees were so worthy of the honor that two

### DENISE COLEMAN, Audrey Chickering Award Winner

For the past six years, Huckleberry's Community Assessment and Referral Center (CARC) has depended on Denise Coleman's expertise in social welfare. As HYP's full time Director of Juvenile Justice Programs and a full time student in the MSW program at San Francisco State University, Denise understands the ins and outs of providing services to the community. She is a native of San Francisco and served a seven-year tenure as an employee of The Delancey Street Foundation prior to her employment at HYP.

With a degree in Child and Adolescent Development from SF State, Denise believes in the mission of HYP's CARC to provide an alternative to young people who otherwise would be brought directly to Juvenile Hall. "CARC is important for San Francisco because it truly prevents young people from penetrating deeper into the system and from re-Clu. Denise Coleman, Director of the ed cidivism," explains Denise. "It gives youth and families the opportunity for needed services they wouldn't have otherwise."

winners were announced. Veronica Garcia, Case Manager at Huckleberry Teen Health Program (HTHP) in Marin and Blair Morgan, Residential Counselor at Huckleberry House, were each recognized for their continued dedication to the clients served by HYP.

With a Bachelor's Degree in Social Welfare from UC Berkeley, Veronica Garcia wears many hats as HTHP'S sole Case Manager. For the fourth consecutive school year, Veronica is co-facilitating the Young Women's Empowerment Group at County Community School, a continuation school with many students on probation. "I really like my job at HYP because it allows me the opportunity for growth and diversity," says Veronica. She also enjoys working with the CRECER (To Grow) Program, a program for young mothers that provides them with free car seats, strollers and parenting education. "Even in the most difficult circumstances, Veronica remains calm, supportive and non-judgmental," says Ami Ehrlich. "She shows us all that teaching is about listening just as much as it is about talking."

The co-recipient of the Danny Keenan Award, Blair Morgan, began her three and a half years at HYP as an intern while studying Psychology at USF. The staff at Huckleberry House was so impressed with Blair's passion for working with youth she was hired as a full-time Residential Counselor after receiving her Bachelor's degree. "I really think there should be more places like Huckleberry House so kids have a place to take a break and feel safe. I think it's really special," says Blair.

### The Audrey Chickering Award

Established in 2000, The Audrey Chickering Leadership Award recognizes Audrey Chickering's exemplary work and commitment to the development of HYP. Audrey provided support and leadership to HYP for many years, including playing a decisive role in the campaign to purchase Huckleberry House. This award is presented annually to a staff member who has shown outstanding leadership and commitment to the health, growth and continuation of HYP.

### The Danny Keenan Award

was created in 1992 after his death from AIDS to honor Danny's dedication to serving at-risk and runaway youth in San Franisco. As an HYP employee, Danny's leadership was instrumental in the establishment and success of the Teen HIV Prevention Program, which continues today as the Cole Street Clinic. This award is given annually to an HYP staff member for outstanding dedication.

> (top right) **Blair Morgan:** Huckleberry House Residential Counselor.

(right) Veronica Garcia: Huckleberry Teen Health Program's Case Manager.



### THE HYP FAMILY WELCOMES NEW ARRIVALS

In just a matter of six months, the HYP family has grown tremendously with the arrival of not one, not two, but SIX new babies! Please join us in congratulating the following HYP staff members for their recent arrivals.

September 26, 2005 - **Belle La**, Huckleberry House Relief Counselor, welcomed baby boy Austin Peter Chu

December 8, 2005 - **Heather Richardson**, Nine Grove Lane Residential Counselor, welcomed baby boy Jacob Elijah David Carter

January 2, 2006 - **Myel Jenkins**, Director of Health Services in Marin, welcomed baby boy August Thelen Jenkins

January 7, 2006 - **Jennifer Breen Justice**, Nine Grove Lane Residential Counselor, welcomed baby boy William Oscar Breen Justice

February 2, 2006 - **La Raye Lyles**, Psychotherapist, welcomed baby girl Sekai Rey Lyles Parks

February 20, 2006 -**Nikki Rhoden**, CARC Program Director - welcomed baby boy Carlton Ashley Rhoden II



### THEIR FAMILIES FOR 39 YEARS



New HYP Board Member Dyann Tresenfeld (far left) with guests at 2005's Cirque du Soleil benefit.

### New Face on the Board: Dyann Tresenfeld

Dyann Tresenfeld is an Executive Managing Director with First Republic Bank in San Francisco. She says of HYP, "All of us encounter difficult situations regarding family dynamics, health and personal relationships. I was so impressed with the professional and caring services Huckleberry provides during these times, that I wanted to contribute in a meaningful way." When not at work, you can find Dyann at the stables -or- absorbed in a book.

### **Other Faces on HYP's Board**



Board President Valerie Pierce and HYP Board Member Barbara Reiss-Snyder.





HYP Board Vice President Gary Angel speaks to guests at Cirque du Soleil about Huckleberry's Programs.

HYP Board Members Art Wong and Gale Mondry enjoying themselves at Cirque du Soleil, in Dec 2005.



Lifetime Honorary Board Member Don Rubin, his wife, Olympia Martyn and Board Member Brian Swift.

### HUCKLEBERRY YOUTH PROGRAMS' BOARD OF DIRECTORS 2005-2006

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- Dyann Tresenfeld\*, First Republic Bank
- Cecilia Valente\*, Union Bank of California

### Lifetime Honorary Members:

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\*Indicates new Board Member serving their first term.

BOARD



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### Exciting Happenings at Huckleberry Youth Programs...

### May 2006

 Nine Grove Lane will conduct youth outreach at Drake High School

### May 12, 2006

 Marin Human Race: HYP will have an info booth

### June 2006

• Youth Leaders in Progress Graduation

### June 27, 2006

• HYP Board Meeting: Open to the Public

### July 1-4, 2006

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• HTHP Outreach at the Marin County Fair Prevention Pavilion

### September 19, 2006

Macy's Teen Night

## Programs:

### SAN FRANCISCO SERVICES:

### Huckleberry's Cole Street Clinic

555 Cole Street San Francisco, CA 94117 (415) 386-9398

### Huckleberry House and

Counseling Program 1292 Page Street San Francisco, CA 94117 (415) 621-2929

### Huckleberry's Community Assessment and Referral Center 121 Leavenworth Street

San Francisco, CA 94102 (415) 567-8078 **MARIN SERVICES:** 

### Huckleberry's Nine Grove Lane

9 Grove Lane San Anselmo, CA 94960 (415) 453-5200

### Huckleberry Teen Health Program

Montecito Plaza 361 Third Street, Suite G San Rafael, CA 94901 (415) 258-4944

**Huckleberry Youth Programs** was founded in 1967 on the belief that adolescence is a dynamic and challenging time of life, during which education, support and guidance from adults and peers can nurture positive youth development. Our mission is to engage adolescents and their families in San Francisco and Marin Counties in a comprehensive array of quality services addressing prevention and health promotion, crisis intervention, stabilization and growth.